



The  
**Maine Potato Lady**™  
YOUR SOURCE FOR QUALITY SEED POTATOES

**NEW FOR 2024!**

**Three New Potato Varieties**

**Four New Peony Varieties**

**Soil Amendments – for that extra boost!**

Organic Seed Potatoes and Sweet Potato Slips  
Garlic, Onion Sets, and Shallots  
Cover Crops, Fertilizers, and Soil Inoculants

**2024 CATALOG** [www.mainepotatolady.com](http://www.mainepotatolady.com)



Welcome!

**HELLO!** Welcome to the eighteenth annual seed catalog from The Maine Potato Lady,<sup>TM</sup> your source for quality seed potatoes, seed garlic, heritage grains, soil amendments, and much more. Over the years, we have enjoyed sharing with you the many varieties of potatoes, heirlooms, and new releases that we have grown and prepared for our family meals. Whether you're a longtime customer or placing your first order, we're glad to help you get the most from your garden.

Every gardening season never ceases to amaze me with the bounty I harvest despite the challenges. In the 35 years I have grown our food in this soil, I have developed the good farming practices I need to produce a plentiful bounty every year.

What do those good practices include? First, I've developed detailed garden plans where I record soil inputs and crops planted. I rotate plant families on a four-year basis, so that disease and insect pressures are minimized. I continually add organic matter, use cover and green manure crops, mulch just about everything, and use some amendments on the heavier feeding crops. My soil is rich and healthy. And oh, the food I produce tastes good!

So when Mother Nature deals us weather like we've had here in the Northeast this past year I was still able to produce bountiful amounts to eat and store for the winter. With precipitation and temperatures above normal here in Maine, 2023 was a really crazy gardening year, and the plants didn't respond normally. Overall, I had a good harvest, but some crops just didn't produce as expected! For instance, there were no zucchinis! What?!! And only a few cucumbers!! They just didn't grow. But the onions yielded beautifully, and the potatoes produced a bumper crop. Winter squash is plentiful despite the cucumber beetles. Peas, beans, lettuce — yum! And the corn did flourish during those warm spells.

Yes, we are living with climate change. It is much warmer and we are all experiencing weather extremes — including the plants. We have to learn how to adapt our gardening and farming practices to the changing climate in order to continue to enjoy our gardens' bounty.

And again, I am — we are — grateful for the beauty and security of our farm home, the nutritious and tasty food we produce, and our family close around us.

**NEW THIS SEASON!** For 2024, we've added three new North American varieties to our interesting potato collection, four new peonies, and a selection of soil amendments to help feed those crops.

The Maine Potato Lady<sup>TM</sup> is a certified organic handler (#0706) through MOFGA Certification Services, LLC. All our seed is untreated. We do not knowingly use or sell any genetically modified plants or organisms (GMOs). Certificate is available on our website.

## About Us

Located in the foothills of Maine, the LaCourse Family Farm, home of The Maine Potato Lady,<sup>TM</sup> has been in operation for more than 30 years. Our 100-acre piece was once part of a 560-acre farm that dates back to the 1600s.

Our custom-designed and hand-built log home crowns our hill-top farm. We gathered stones from field edges and milled our own lumber to finish the building, which has sheltered our family for many years. We are pleased to live "off the grid," with a solar electric system to provide electricity.

Our south-facing fields are rich with fertile, well-drained silt loam. Our sugar bush produces fabulous maple syrup, and our cedar bog is a special habitat with sphagnum moss and rare pitcher plants. We are privileged to work and live in this rural environment, where deer, moose, turkey, ravens, eagles, and a variety of beautiful trees, plants, and birds are all around us.

As a family, we have produced all our own vegetables for many years. Each member of the family is involved in the planning, the everyday work, the decisions, and the rewards. Each one of us is an integral part of this farm; everyone's participation makes it all possible and brings joy to all we do.

Please see "About Our Certified Seed" on page 4 to learn about the seed growers whose products we are pleased to offer in this catalog.

If you have questions or suggestions, please call or write. Your ideas and experiences are always of interest. Revel in the beauty and fruitfulness of our earth.



*The LaCourse Family:  
Roseanna, Paul, Alison, Lucien,  
with Billie Jean and Lucy*

*Photography, art, and design by Roseanna LaCourse*

*Alison LaCourse*  
The Maine Potato Lady<sup>TM</sup>

  **Like and Follow us on Facebook and Instagram!**

## About Our Certified Seed

Most of the seed we offer is produced at family farms with whom we have good working relationships, some for more than twenty-five years. All our potato seed meets the State of Maine's seed certification requirements that establish acceptable tolerances for seed quality. (For more information about certified seed, download from our website "Coming to Terms.") Many of our varieties are also certified organic. All our seed garlic lots have tested negative for the garlic bloat nematode, white rot, and botrytis. Excellent farming practices, attention to detail, and scrupulous adherence to seed certification guidelines (when applicable) set good seed growers apart from the rest. All the farms from which we obtain seed meet our stringent requirements. It is an honor to work with these farmers, and it is a privilege to supply you with their seed.

## Our Promise to You

**The Maine Potato Lady Guarantees Your Satisfaction.** At The Maine Potato Lady,™ we take pride in the quality of our products and our service. Our goal is to provide you with quality products for a healthy garden. If you like our products and our service, please tell your friends! If you are not pleased with our products or our service, please call or e-mail right away to let us know.

**Our Guarantee.** We promise that our products are of the highest quality and are sound when they leave our warehouse or are shipped from our suppliers. Our certified seed potatoes meet the inspection standards established by the State of Maine. Live plant materials, including potato seed, alliums, slips, bulbs, and roots, are perishable products which can be damaged by improper handling and storage. With every order, we provide instructions for immediate inspection and for proper handling, storage, and planting. Failure to inspect your order upon receipt, or failure to follow these instructions or to follow accepted good farming practices, may void our guarantee. Good crops also depend on good weather, good soil, and good growing practices. Because we cannot control these conditions, our liability is limited to the refund of the purchase price or replacement of the product. If you are not satisfied with a product, or if a product is unsound or defective when you receive it, please notify us within three days and provide photos of any defective products (with labels) in order to qualify for a refund or replacement. Items to be returned with prior approval are eligible for a refund or credit (excluding shipping costs). Replacement products may not be available. When you purchase our products, you accept these conditions and limitations.

**Knowledgeable Customer Service.** We have many years' experience growing potatoes, onions, shallots, garlic, and cover crops. We are happy to answer your questions or help you in any way we can so you can get the most from your garden!

**Our Privacy Policy.** We respect your privacy. We will never share your personal information or use it for any purpose other than to receive and fill your orders, to provide information on how to use our products, and to send you our catalogs and e-newsletter. Our website, [www.maineptatolady.com](http://www.maineptatolady.com), is set up for secure, private transactions.

## Sweet Potatoes

We are pleased to offer certified organic sweet potato slips, small plants that sprout from the roots. We have chosen varieties that have been grown successfully in our northern climate. Sweet potatoes require 90-120 frost-free days to mature. Please download "Growing Sweet Potatoes Successfully" from our website for more information. Sweet potato slips are scheduled to be shipped directly from our grower on May 28 and 29, 2024 (subject to change). Shipping is included in the price. We are unable to ship sweet potatoes to Louisiana.

**BEAUREGARD** (90 days) A great choice for northern growers with short growing seasons. Rose skin and moist orange flesh. Fat and heavy roots have good flavor and store well. Vigorous, high-producing plants have heart-shaped leaves and prolific blooms.

**1001BG BEAUREGARD Organic** 10 slips \$39.50,  
20 slips \$45.00, 50 slips \$76.00, 100 slips \$102.00,  
500 slips \$215.00

**MURASAKI** (105 days) With rich purple skin and dry, white flesh, these roots are an exotic alternative to traditional sweet potatoes. Distinctive nutty flavor with a flaky texture; begs to be roasted. Add a little honey or maple syrup. High in fiber and Vitamin C. Resistant to fusarium root rot.

**1005MK MURASAKI Organic** 10 slips \$39.50,  
20 slips \$45.00, 50 slips \$76.00, 100 slips \$102.00,  
500 slips \$215.00

**ORLEANS** (90 days) Light rose-red skin with intense orange flesh. Very similar to Beauregard but may be ready to harvest 5-10 days earlier. Resistant to fusarium wilt and root rot.

**1006OR ORLEANS Organic** 10 slips \$39.50,  
20 slips \$45.00, 50 slips \$76.00, 100 slips \$102.00,  
500 slips \$215.00

**PURPLE SPLENDOR** (100 days) Finally, a purple-fleshed sweet potato that should mature well in our northern climate. Recently released from the North Carolina University breeding program. Produces high yields of block-shaped or rounded elliptical roots. It's prolific, so space at 14"-16" to prevent crowding. Resistant to fusarium wilt and southern root-knot nematode. Moderately sweet and dry texture.

**1007PS PURPLE SPLENDOR Organic**  
10 slips \$39.50, 20 slips \$45.00,  
50 slips \$76.00, 100 slips \$102.00,  
500 slips \$215.00



### How Many Sweet Potato Slips Do I Need?

20 Slips will plant 20–22 ft of row

50 Slips will plant 50–60 ft of row

100 Slips will plant 100–125 ft of row

Expected yield is 1# per plant.

**WHITE BONITA** (115 days)

A specialty variety with white flesh and tan skin developed by the Louisiana Agricultural Experiment Station. Similar to O'Henry but with a higher dry matter content and superior storage root shapes. Resistant to southern root-knot nematode and soil rot. Bonita has excellent culinary characteristics with a dry, flaky texture and a high sugar content. Great for dessert recipes. Plant 12" apart.

**1008NB WHITE BONITA Organic** 10 slips \$39.50,  
20 slips \$45.00, 50 slips \$76.00, 100 slips \$102.00,  
500 slips \$215.00

# Fingerling Potatoes

Prized for their interesting colors and exquisite flavors, fingerling potatoes are highly sought-after. They are prolific producers and fairly resistant to disease. All are suitable for use in potato "grow bags," as they will continue to set tubers throughout the season.

**AMAROSA** A mid-season specialty fingerling with red skin and flesh. Excellent culinary qualities make this ideal for baking, frying, or boiling. Chips keep their nice rosy coloring. Produces a large number of smooth, shallow-eyed fingerlings averaging about four ounces each. Handle gently, as they can skin easily. Resistant to common scab; lower incidence of tuber late blight.

**505AM AMAROSA Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**AUSTRIAN CRESCENT** A golden crescent-shaped fingerling with deep yellow flesh. The waxy and firm texture is delicious for salads or roasting. This variety is so similar to Banana that the two varieties are almost impossible to tell apart. High yield; good storage.

**169AU AUSTRIAN CRESCENT Sustainable** 1# \$6.60, 3# \$14.10, 10# \$39.00, 25# \$83.00, 50# \$111.00

**BANANA** With tan skin and dark yellow flesh, Banana is one of our best-known fingerlings. Matures around 85 days with respectable yields. Absolutely delectable steamed and tossed with butter and parsley or in your favorite salad. Resistant to scab, but susceptible to rhizoctonia (black scurf) and late blight. White flowers on medium spread-plant.

**510BN BANANA Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**170BA BANANA Conventional** 25# \$83.00, 50# \$111.00



**FRENCH FINGERLING** Though plumper than most, this potato is still considered a fingerling. Radiant rose-red skin and deep yellow flesh with an occasional red ring make this potato stand out. Creamy, smooth texture with exceptional flavor lends itself well to salad with thinly-sliced red onions and chunks of crisp cucumbers. Abundant, long, plump tubers seem to tumble out of the earth. Tall plants with red veining fill the row.

**519FF FRENCH FINGERLING Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**175FF FRENCH FINGERLING Conventional** 50# \$111.00



**LARATTE** A special fingerling from France very similar to Banana, though a fine net to the tan skin and a nutty flavor to the dark yellow flesh set it apart. Smooth and firm texture. The babies (1/2"-1") truly melt in your mouth. Fine chefs love this gourmet morsel, and the demand is high. Matures about ten days later than Banana. Resistant to scab and viruses. White flowers top medium-sized plants.

**522RR LARATTE Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**176LA LARATTE Sustainable** 25# \$83.00, 50# \$111.00

**MAGIC MOLLY** I do love this name; it conjures up images of beauty and magic, right out of the garden. And when these beauties emerge from the earth, it is indeed like magic. Dark purple skin and purple, almost black flesh are quite vivid. Long tubers are firm and slightly waxy, with an earthy flavor. Good yields and some field resistance to late blight. A seedling of Red Beauty developed by Bill Campbell of Alaska. *Organic seed supply limited.*

**525ML MAGIC MOLLY Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**177ML MAGIC MOLLY Conventional** 1# \$6.60, 3# \$14.10, 10# \$39.00, 25# \$83.00, 50# \$111.00

**PINTO GOLD** A specialty variety with an interesting skin color pattern of red and yellow inspired the "pinto" name. This high-yielding fingerling type produces spuds with dark yellow flesh in a range of sizes. If the colors don't entice you, the taste of these beauties will. Exceptional culinary qualities make this high-yielding potato ideal for roasting, steaming, or frying. These tubers tend to set far from the plant, so make a large hill, or try planting in a grow bag or tower. Handle carefully to minimize bruising and harvest injuries; very susceptible to fusarium soft rot. Please review instructions for ordering and receiving Pinto Gold on page 33.

**528PG PINTO GOLD Organic** 1# \$8.60, 3# \$17.00, 10# \$51.00, 25# \$98.00, 50# \$137.00

**179TO PINTO GOLD Conventional** 25# \$83.00, 50# \$111.00

**RED THUMB** Dug as small "babies," these bright red-skinned thumbs of delicacy have beautiful dark pink flesh. Pleasing flavor and firm texture make this one perfect for roasting with olive oil and rosemary, then caramelizing. Serve with your favorite steak and salad. An interesting fingerling for the specialty market. Very productive small- to medium-sized plant.

**188RT RED THUMB Sustainable** 25# \$83.00, 50# \$111.00

## How Much Seed Potato Do I Need?

1# will plant 5–8 ft of row

2.5# will plant 12–20 ft of row

5# will plant 25 ft of row

20# will plant 100 ft of row

For fingerlings, use half these amounts for the same row footage.



# Potato Assortments

**TOWERING TATER MEDLEY** This collection is the perfect choice for those of you using grow bags or towers or growing in a small space. Each medley contains three varieties: one fingerling and two late-season varieties. We will choose the varieties for you, providing enough to plant three containers with approximately three seed pieces each, or 9 row ft.

**1265TT TOWERING TATER MEDLEY** (approx. 9 tubers) 2# \$17.00

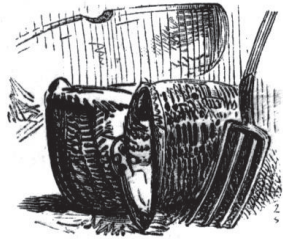
**TOWERING TATER MEDLEY GROW KIT** Ready to grow? Just add soil, fertilizer, and seed potatoes! Each kit contains three Root Pouch™ grow pots (described on page 31), one Towering Tater Medley (described at left), and one pound of MPL Fertilizer (described on page 30).

**1277GK TOWERING TATER MEDLEY GROW KIT** 6# \$52.00

# Early Potatoes (55-70 DAYS)

**BELMONDA** A very attractive round oval tuber with smooth yellow skin and bright yellow flesh. Early maturity with excellent resistance to rhizoctonia (black scurf), blackleg, and late blight. Medium resistance to common scab. These baby yellow potatoes are perfect for a warm mustard seed potato salad. This potato has great drought tolerance; it was one of the best producers from our trials during the 2020 drought. Upright vine with red-violet flowers.

**220BL BELMONDA Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$49.00



**NEW! CARLA ROSA** A new release from Colorado with rose-red skin and dark yellow flesh. Early-to-midseason maturity. High set of round to oblong tubers. Great for roasting on the grill. Good storage. Oh, I'm eager to grow these for some of those early spuds!

**221CR CARLA ROSA Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$53.00

**CHIEFTAIN** Always popular, this early- to mid-season red-skinned variety offers high yields and good eating qualities. Expect a large set of round, bright red tubers with nice white flesh. Stores well. Resistant to scab and tuber net necrosis; field resistant to late blight. Medium-spreading plant with large, light violet flowers.

**538CH CHIEFTAIN Organic** 2.5# \$13.00, 5# \$17.00, 10# \$31.00, 20# \$45.00, 50# \$83.00

**224HF CHIEFTAIN Conventional** 20# \$21.00, 50# \$35.00

Thank you for your years of wonderful service!  
- DC, White River Junction, VT

**DARK RED NORLAND** Easy to grow with consistent yields of beautiful round, variously-sized red tubers. Steam or boil some of these babies for those first early meals straight from the garden. Resistant to scab, growth cracks, hollow heart, early blight, and rhizoctonia (black scurf); fair storage. Purplish-blue flowers on a medium-sized plant.

**548DR DARK RED NORLAND Organic**  
2.5# \$12.80, 5# \$16.00, 10# \$30.00, 20# \$40.00, 50# \$83.00

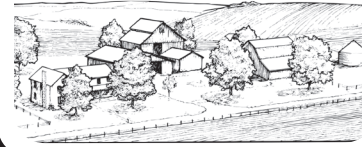
**231RC DARK RED NORLAND Conventional**  
2.5# \$7.10, 5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

**GOLDEN GLOBE** A cluster of golden globes rolls out of the earth, glistening in the sun. Attractive round tubers have light yellow flesh just waiting to be whipped into fluffy mashed potatoes. High yields of medium to large tubers store very well. Resistant to blackleg, common scab, and storage rots. Medium to large vigorous vines with white flowers.

**233GG GOLDEN GLOBE Conventional**  
2.5# \$7.10, 5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00



## Heirloom Seeds



Heirloom varieties are at least 50 years old and have been saved and maintained by families and passed down through the generations.

Heirloom varieties are designated in the catalog by this symbol:

**NATASCHA** This golden tuber offers early maturity, high yields, and excellent taste; it's perfect for salads and steaming. Attractive long oval tubers have shallow eyes with super yellow skin and flesh. Very resistant to rhizoctonia (black scurf) and blackleg. Some resistance to scab and blights. Semi-upright plant with white flowers.

**238NS NATASCHA Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$51.00

**RED GOLD** Always one of my favorites. Boiled or steamed and tossed with butter, salt, and parsley, these will melt in your mouth. Rose-red skin wraps around deep yellow flesh. Because it's very early at 70 days, Red Gold is perfect for the market grower. Expect a huge set of 2"-3" babies under each plant. Short dormancy, occasionally sprouting in the ground; may be suitable for double cropping. Dark purple flowers on medium spreading plant.

**241RG RED GOLD Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$49.00

**SANGRE** A beautiful potato with smooth, thick, red skin and white flesh, having wonderful boiling and baking qualities. Stores well, maintaining good skin color. Bulks up quickly, so it's good for early new potatoes. Resistant to hollow heart; moderately resistant to scab. Expect few lavender flowers on these large spreading plants.

**247SA SANGRE Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00



**SATINA** Oh yes, the satiny yellow skin and yellow flesh of these oval-round tubers make for an exceptional eating experience! With a smooth texture and a great flavor, Satina's culinary qualities are comparable to Carola. An early- to mid-season German variety with high yields and resistance to rhizoctonia (black scurf), black leg, scab, and hollow heart. Field resistance to late blight; good resistance to tarnished plant bugs and leafhoppers. Tolerates heat well. Very good storage.

**557ST SATINA Organic** 2.5# \$11.75, 5# \$14.00, 10# \$26.00, 20# \$37.00, 50# \$71.00

**250ST SATINA Conventional** 50# \$52.00

Satina really is a workhorse...  
glad you guys carry them!  
Had my best season ever last year and wanna get greedy.  
- IG, Higganum, CT

**SUPERIOR** Released in 1961 and having one of the same parents as Kennebec, Caribe, and Onaway, Superior is a widely-grown, popular variety. Early maturing, moderately-high yields, and minimal skinning enable growers to dig and market early. Round to oblong tubers with buff, slightly flaky skin and white flesh are suitable for many uses. Good resistance to internal defects and common scab. Medium plant with pale lilac flowers having white tips and stripes extending to center.

**558PR SUPERIOR Organic** 2.5# \$11.75, 5# \$14.00, 10# \$26.00, 20# \$37.00, 50# \$71.00

**253SU SUPERIOR Conventional** 50# \$35.00

**UPSTATE ABUNDANCE** Bred by Walter de Jong of Cornell, this potato inherited its unusual characteristics from many generations of Mexican, Argentine, and Peruvian cultivars. Though classified as early-maturing, the tubers set continuously all season, with each set forming higher in the hill. Large numbers of beautiful small tubers with bright white skin and white flesh are perfect creamers or "B" size. Outstanding flavor and creamy texture lend these spuds to many uses — roast them, "smash" them with butter, or just pop them in your mouth as soon as they're cooked. Moderately susceptible to common scab and blackspot bruise; resistant to late blight and hollow heart, growth cracks, and internal necrosis. Vigorous upright plant has many vines per hill adorned by white flowers with green flares. Great for grow pots.

**255UP UPSTATE ABUNDANCE Conventional**  
2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00,  
50# \$50.00

**YUKON GOLD** Derservedly known as a nice potato, with great flavor and excellent storage. Very popular with growers and consumers alike. Oval tubers with finely flaked buff skin, distinctive pink eyes, and light-yellow flesh. Large tubers, excellent eating qualities and great storage keep this variety popular. Medium upright plant with light violet flowers.

**559YG YUKON GOLD Organic** 2.5# \$11.75,  
5# \$14.00, 10# \$26.00, 20# \$37.00, 50# \$71.00  
**260YU YUKON GOLD Conventional** 2.5# \$7.10,  
5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

It's so nice to work with a  
company that is personable and  
cares about its customer.

~ LD, Schenevus, NY

## Ask Alison...

### Q. When should I plant my potatoes, onion sets, sweet potato slips, garlic and heritage grains?

**A. Potatoes** — Plant your seed potatoes when your soil reaches 50-55°F and your dandelions are blooming. Planting earlier in cold, wet soil increases the risk for decay of the seed pieces. Planting later is fine as long as you will still have 90-120 days of growing season.

**Onion and shallot sets** — Plant onion and shallot sets as soon as you can work the soil, usually at the same time you plant peas and early greens such as lettuce and spinach. Seed-grown onion plants can be planted when the soil reaches 50°F; they can tolerate light frosts.

**Sweet potatoes** — Plant sweet potato slips when the soil reaches 65°F, around the same time you plant melons. Here in the Northeast, sweet potatoes (and melons) produce best when protected by black plastic and row cover.

**Seed garlic** — Plant seed garlic in the fall approximately 4-6 weeks before the ground freezes. Ground freeze is when the soil temperature is 32°F or lower, and the soil is frozen solid. This is not the same as your first frost, which occurs when the air temperature is 32°F or lower. Planting before the ground freezes allows the cloves to set out roots and prepare to grow in the spring.

**Heritage grains** — Winter grains such as wheat and rye are best planted in mid-September, but can be planted mid-August to mid-October. For highest yields, spring grains such as wheat, oats, or barley are best planted as soon as the ground is workable. Flint corn is planted when the soil reaches at least 55°F.

## From Alison's Kitchen...

### Savory Sweet Potato Casserole

Try this for a change of pace on your holiday table! This simple, make-ahead casserole introduces savory flavors — garlic, walnuts, parmesan, and rosemary — to complement the natural nutty taste of sweet potatoes. A little maple syrup adds a hint of smoky smoothness. And it's easy to adapt this to your family's taste: Swap toasted pumpkin seeds or pistachios for those who can't eat tree nuts, and make this vegan with a dairy-free grated cheese and margarine in the topping. No panko on hand? Use any unseasoned bread crumbs, lightly toasted. Sprinkle a handful of fresh minced parsley over the top just before serving. Serves 6-8.

#### For the sweet potatoes:

2.5 lb. sweet potatoes (6-8 medium)  
2 tablespoons maple syrup  
1 small clove garlic, grated or very finely minced  
(see Cook's Tip, below)  
½ teaspoon salt, plus more as needed  
Olive oil, as needed, for roasting sweet potatoes

#### For the crumb topping:

¾ cup unseasoned panko breadcrumbs  
½ cup chopped walnuts  
½ cup grated parmesan cheese  
1 sprig fresh rosemary, finely chopped (about 1 teaspoon)  
2 sprigs fresh thyme, finely chopped (about 1 teaspoon)  
1 small clove garlic, grated or very finely minced  
¼ teaspoon salt  
Freshly-ground black pepper  
3 tablespoons melted butter, margarine or olive oil

1. Heat oven to 350°F. Scrub the sweet potatoes, and poke each a few times with a fork or sharp knife to create holes for steam to escape. Toss them with a little olive oil, then arrange them on a rimmed baking sheet or pan.
2. Roast the sweet potatoes until fork-tender, about an hour. (Alternatively: Wrap the pierced sweet potatoes in paper towels and microwave on medium-high for 5-10 minutes, until tender.)
3. While the potatoes are baking, grease a baking dish, about 11" x 7", and set aside, then prepare the topping.
4. In a separate bowl, mix together all the topping ingredients except the melted butter, then add the melted butter and toss to combine. Taste and adjust seasonings.
5. When the potatoes are cooked and cool enough to handle, scoop their flesh into a large bowl and add the maple syrup, garlic, and salt. Mash with a fork to combine. For an ultra-smooth consistency, purée in a food processor or blender. Spread the mixture into the prepared baking dish.
6. Sprinkle the crumb topping evenly over the sweet potatoes and press down gently to pack it down slightly. (At this point, the casserole can be covered and stored in the refrigerator for a day, or sealed tightly and frozen for up to two weeks. Thaw before continuing with the recipe.)
7. Bake the casserole for 30-40 minutes, until the sweet potatoes are heated through and the crumb topping is golden brown.

**COOK'S TIP:** To ensure that the fresh garlic is distributed evenly, peel and mince the garlic, gather it into a little pile on the cutting board, then add the salt that will be going into the recipe. Using the side of a knife (an offset butter knife is ideal), mash the garlic and salt together to form a smooth paste, then stir this into the potatoes.

# Mid-Season Potatoes (70-90 DAYS)

**ADIRONDACK BLUE** Round to oblong, slightly flattened tubers have glistening blue skin enclosing deep blue flesh without the white vascular ring. The moist, flavorful flesh is superb for mashing or salads; it's a favorite in taste tests. Flesh color holds well, especially when roasted. Very high in antioxidants. Spreading blue-fingred plants have clusters of pure white flowers. Allow 3 weeks for adequate skin set, and handle carefully to minimize bruising and injuries. Very susceptible to fusarium and bacterial soft rot. Very resistant to foliar late blight strain US-23. Moderate storage with short dormancy. *Limited supply.*

**562DB ADIRONDACK BLUE Organic**

2.5# \$13.25, 5# \$18.00, 10# \$34.00, 20# \$55.00, 50# \$90.00

**ADIRONDACK RED** An easy-to-grow variety with oblong, slightly flattened tubers having lightly netted purplish-red skin and pink-red flesh; flavorful and moist. So tasty for roasting and salads! Plants have a heavy set high in the hill. Early maturity and good storage. Contains naturally-occurring anthocyanin, a powerful antioxidant. Spreading plant with purple-red flowers that sport red anthers. *Organic seed supply limited.*

**567AR ADIRONDACK RED Organic** 2.5# \$13.25, 5# \$18.00, 10# \$34.00, 20# \$55.00, 50# \$90.00

**274KR ADIRONDACK RED Conventional**

2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$52.00



**ALL BLUE** An heirloom variety more than 100 years old with many colorful names such as Blue Marker, Fenton Blue, and River John Blue. With deep blue skin and blue flesh sporting a white ring, tubers are oblong with deep eyes. Excellent flavor used any way – sautéed, steamed, or mashed. Moderate resistance to late blight, hollow heart, second growth, and common scab. Very drought-tolerant and may not do well in a wet year. Look for blue blossoms and blue-veined stems on this tall, robust medium-spreading plant. 🌿

**571AB ALL BLUE Organic** 2.5# \$12.80,

5# \$14.50, 10# \$27.00, 20# \$41.00, 50# \$85.00

**BALTIC ROSE** A new European variety with gorgeous red-pink skin and dark yellow flesh. Nice firm texture is great for roasting and salads as well as those first early boiled spuds tossed simply with butter, salt, and fresh dill or parsley. Expect high yields of oval tubers with great resistance to common scab, PVY virus, and golden nematodes. This potato showed good drought tolerance in 2020. Expect very slow emergence. Tall vigorous plant with red-violet flowers.

**276BR BALTIC ROSE Sustainable** 2.5# \$7.80,

5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**BLACKBERRY** A new release from Michigan State University with dark purple skin and spectacular dark purple flesh. High yields of round, uniform tubers with nice smooth skin. Excellent baked or grilled. The deep purple flesh is high in healthful anthocyanins, staining your fingers just like blackberry juice. How about a stunning salad of purple potatoes and green peas? Occasional white splashing on the skin. Moderate scab tolerance. Semi-erect vigorous vine.

**573BL BLACKBERRY Organic** 2.5# \$13.25,

5# \$18.50, 10# \$34.00, 20# \$55.00, 50# \$90.00

**CARIBOU RUSSET** This new russet from the Maine Breeding Program has quickly become popular for its great flavor and versatility. Look for high yields of long, lightly-russeted tubers with white flesh; these are excellent baked, mashed, or used for French fries. Moderately resistant to common scab and verticillium wilt. Resistant to golden nematode race Ro1. Mid-season-maturing large plants with excellent vigor.

**574CB CARIBOU RUSSET Organic** 2.5# \$11.75, 5# \$18.00, 10# \$32.00, 20# \$46.00, 50# \$90.00

**278CS CARIBOU RUSSET Conventional**

50# \$35.00



**CAROLA** With creamy texture and exquisite flavor, Carola's culinary qualities are hard to beat. A pleasure to eat whether steamed, mashed, or baked. Oblong tubers with smooth yellow skin and sunny yellow flesh have become a favorite of many. Originally from Germany, Carola has made a name for itself here in the States. White flowers on a medium-spreading plant. 🌿

**284RO CAROLA Sustainable** 2.5# \$7.80,

5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**EVA** Another excellent variety from the Cornell breeding program. The outstanding appearance of the round-oval tubers convinced me to offer this versatile potato. Bright white skin and white flesh with a slightly mealy texture make these tubers ideal for mashing, baking, and home-made chips! Excellent storage. Resistant to golden nematode, common scab, viruses, early blight, and hollow heart. Medium, semi-erect plant with white flowers.

**580EV EVA Organic** 2.5# \$11.75, 5# \$14.00,

10# \$26.00, 20# \$37.00, 50# \$80.00

**288EV EVA Conventional** 50# \$35.00

**FENWAY RED** A colorful mid-season all-purpose red-skinned variety bred in the Netherlands. Tubers size nicely and come out of the ground clean and bright red. The nice white flesh cooked up beautifully on our potato pizza, and Paul really enjoyed them mashed. Semi-upright vigorous plant.

**290FR FENWAY RED Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$47.00

**GOLDRUSH** Attractive oblong-to-long tubers with smooth russeted skin and bright white flesh are especially delicious for baking and fries. Mid-season maturity, high yields, resistance to hollow heart, common scab, verticillium wilt, and drought have made this variety popular. Well-adapted to the Northeast climate. Large vigorous upright vine has light lavender flowers.

**582GR GOLDRUSH Organic** 2.5# \$11.75,

5# \$18.50, 10# \$35.00, 20# \$45.00, 50# \$86.00

**292GO GOLDRUSH Conventional** 50# \$35.00

**HARVEST MOON** I love fall for its gorgeous foliage and cooler days – and for digging the potatoes! Forking up these shining purple potatoes as the harvest moon comes up over the trees is a special experience. Round purple tubers with dark yellow flesh, with a nutty flavor, are absolutely delicious in hot potato salad served with roasted turkey. Yum!

**295HM HARVEST MOON Sustainable**

2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**KENNEBEC** Released by the USDA in 1948, Kennebec is still one of the most popular varieties grown in Maine. And no wonder! It's very dependable under most growing conditions, with high yields of large, buff-skinned, white-fleshed tubers. Good field resistance to late blight. You can cook Kennebec any way – boil, mash, or bake – and enjoy a superb meal every time. Excellent storage. Loads of white flowers cover this large plant. 🌿

**586KE KENNEBEC Organic** 2.5# \$12.80,

5# \$16.00, 10# \$30.00, 20# \$40.00, 50# \$83.00

**300KB KENNEBEC Conventional** 2.5# \$7.10,

5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

**KEUKA GOLD** Expect high uniform yields from Keuka Gold, a recent release from the Cornell breeding program. Part of the Public Seed Initiative in 2004, Keuka performed well under organic growing conditions. Though not as early as Yukon Gold, it may be a good substitute. Buff skin and light yellow flesh with eating qualities similar to Yukon Gold. Resistant to scab and golden nematode. White flowers on a strong vine.

**301KU KEUKA GOLD Conventional** 2.5# \$7.10, 5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

**MASQUERADE** What masquerade is this specialty spud trying to play with its shiny purple skin splashed with large yellow spots? Is it purple or yellow? Under the mask is delectable dark yellow flesh that is excellent roasted or baked. Large vigorous plant matures at mid-season.

**303MQ MASQUERADE Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**NICOLA** Whenever I grow Nicola I am impressed by the generous yields of huge potatoes, all golden-skinned and golden-fleshed. Eating them is another delight! Home fries with onions, salt, and butter are scrumptious. Nicola has a lower glycemic index than most varieties. Consistency makes it a good choice for the market grower. Developed in the Netherlands and Germany. Immune to viruses; resistant to blight. 🍷

**305NS NICOLA Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**PURPLE MAJESTY** Majestic purple flesh inside satiny purple skin beautifully describes this relatively new variety from Colorado. All Blue crossed with a white-fleshed chipping variety has produced a royal potato exceptionally high in anthocyanin, an antioxidant. Oblong tubers make stunning chips or fries. Resistant to most viruses, susceptible to fusarium dry rot. Ideal for early market or summer eating; good for short-term storage only.

**312PM PURPLE MAJESTY Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**PURPLE SUN (a.k.a Peter Wilcox)** Bred at USDA/Beltsville for high levels of vitamin C (40% of RDA per serving) and the antioxidant carotenoid (15% higher than Yukon Gold). Round to oblong tubers have brilliant purple skin and dark yellow flesh, occasionally streaked with purple. Large set of 2"-3" tubers set high in the hill. Very tasty; excellent for roasting or boiling. Excellent storage. Exceptional nutritional values and market appeal make it a good choice. Spreading plant with mauve flowers.

**610PS PURPLE SUN Organic** 2.5# \$12.80, 5# \$18.50, 10# \$32.00, 20# \$54.00, 50# \$90.00

**314PU PURPLE SUN Conventional** 50# \$52.00

**PURPLE VIKING** Truly a beautiful potato, with deep purple skin dappled with pink splashes and stripes. The bright white and creamy-good flesh bakes or mashes perfectly. This variety produces what we call "lunkers," large oversized potatoes, so plant close (8"-10") to control size. An acceptable substitute for Caribe as it bulks quickly, has beautiful coloring, and delicious eating qualities. Small-to-medium spreading plant has some resistance to leafhoppers. Good supply this year, so enjoy! *March shipment for Purple Viking is available for conventional seed only; organic seed will ship after April 1, 2024. To include Purple Viking in your March-shipment order, select conventional seed. If you prefer organic seed, please place a separate order.* 🍷

**615PV PURPLE VIKING Organic** 2.5# \$12.80, 5# \$18.50, 10# \$32.00, 20# \$54.00, 50# \$90.00

**316PK PURPLE VIKING Conventional** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00



**NEW! ROSE GOLD** We are pleased to once again offer Rose Gold in response to many requests. Selected from a 1970 cross made in Ontario of Abenaki and G6521-4RY, the male parent of Red Gold. Pink-red skin encloses bright yellow flesh with outstanding eating qualities. Great for soups or dishes such as scalloped potatoes. Yields of large round-oval tubers are comparable to Kennebec. Resistant to viruses, rhizactonia (black scurf) and silver scurf; moderately resistant to scab. Fair storage, so use them soon after harvest. Medium-sized, semi-erect plant with numerous lavender flowers. *Limited seed available.*

**642RE ROSE GOLD Organic** 2.5# \$13.25, 5# \$20.00, 10# \$34.00, 20# \$60.00



**SORAYA** From the request of one customer to many positive responses, Soraya now has a huge following! Tubers are oval to oblong with dark yellow skin and flesh. Outstanding taste and texture are great for salads and soups. A great candidate for organic production as it requires less fertilizer to attain high yields and is very resistant to late blight. Moderate resistance to common scab. Good drought tolerance. Vigorous, deep-rooted plant.

**672AY SORAYA Organic** 2.5# \$12.80, 5# \$14.50, 10# \$30.00, 20# \$45.00, 50# \$83.00

**318SY SORAYA Conventional** 20# \$21.00, 50# \$35.00

**VIVALDI** Widely appreciated by British consumers for its taste and texture, Vivaldi is velvety smooth with a naturally buttery flavor. High yields of large, uniform, attractive tubers with yellow skin and light-yellow flesh. Particularly good boiled, as it holds its shape well. Moderate resistance to common and powdery scab, blackleg, silver scurf, and tuber late blight. Showed good drought tolerance in Northern Maine in 2019. Mid-season maturing plant with white flowers. Vivaldi is quickly becoming one of our favorites! We love it mashed and served with local bacon and coleslaw.

**675VA VIVALDI Organic** 2.5# \$12.80, 5# \$14.50, 10# \$30.00, 20# \$45.00, 50# \$83.00

**YELLOW FINN** When you taste Yellow Finn you will truly understand why in Europe it is considered a gourmet potato. The dark yellow flesh is moist with a little mealiness, excellent for baking, mashing, or frying. Butter? Sour cream, anyone? Distinctly pear-shaped flat round tubers will set close and far from the plant. Have the children help you dig these. 🍷

**319YF YELLOW FINN Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**YUKON GEM** An improvement to Yukon Gold? Very possible. Round oblong tubers have bright gold skin with pink eyes and appealing yellow flesh. Very high yield potential. Resistant to scab; moderately resistant to late blight, growth cracks, second growth, and hollow heart. *Very limited quantities of Conventional seed.*

**690KM YUKON GEM Organic** 2.5# \$12.80, 5# \$18.50, 10# \$31.00, 20# \$50.00, 50# \$90.00

**321KG YUKON GEM Conventional** 50# \$52.00





# Alison's Spud Specs™

VARIETY	PG	SKIN COLOR	FLESH COLOR	SHAPE	MATURITY	YIELD	STORAGE	BEST USES
<b>FINGERLING</b>								
Amorosa	6	red	red	fingerling	mid-late	medium-high	good	roasting, salads
Austrian Crescent	6	tan	dark yellow	fingerling	mid-late	high	good	roasting, salads
Banana	6	tan	dark yellow	fingerling	mid	high	good	roasting, salads
French Fingerling	6	rose-red	yellow w/red ring	fingerling	late	high	good	roasting, salads
Laratte	6	tan	dark yellow	fingerling	mid-late	high	good	roasting, salads
Magic Molly	7	dark purple	dark purple	fingerling	late	medium-high	good	roasting, salads
Pinot Gold	7	red and yellow	dark yellow	fingerling	late	high	good	roasting, salads
Red Thumb	7	bright red	dark pink	fingerling	late	high	good	roasting, salads
<b>BLUE-SKINNED</b>								
Adirondack Blue	12	deep blue	blue	round-oblong	mid	high	good	roasting, salads
All Blue	12	deep blue	blue	oblong	mid	high	good	boiling, fries, salads
Blackberry	12	dark purple	dark purple	round	mid	high	good	baking, grilling
Harvest Moon	13	purple	dark yellow	round	mid	high	good	boiling, roasting
Masquerade	14	purple and yellow	yellow	round	mid	high	good	baking, roasting
Purple Majesty	14	purple	purple	oblong	early-mid	medium-high	fair	boiling, fries, salads
Purple Sun	14	purple	yellow	round-oblong	mid	medium-high	excellent	all purpose
Purple Viking	14	pink-splashed purple	white	round	mid	high	excellent	baking, mashing
<b>RED-SKINNED</b>								
Adirondack Red	12	purplish-red	pink-red	oblong	early-mid	medium-high	good	boiling, mashing
Baltic Rose	12	red pink	dark yellow	oval	mid-early	high	good	roasting, salads
Carla Rosa <i>NEW!</i>	8	rose-red	dark yellow	round-oblong	early	high	good	roasting
Chieftain	8	red	white	round	early-mid	high	good	boiling, steaming
Dark Red Norland	8	dark red	white	round	early	high	fair	boiling, steaming
Désirée	18	rose red	deep yellow	oblong	late	medium-high	good	roasting, salads
Fenway Red	13	bright red	white	round	mid	medium-high	good	boiling, salads, soups
Red Gold	9	rose-red	deep yellow	round	early	high	fair	boiling, steaming
Red Maria	19	bright red	white	round	late	high	good	all purpose
Red Pontiac	19	dark red	white	round-oblong	late	medium-high	excellent	mashing
Rose Gold <i>NEW!</i>	15	pink-red	bright yellow	round-oval	mid	high	fair	soups
Sangre	9	dark red	white	oval	early	high	excellent	all purpose

VARIETY	PG	SKIN COLOR	FLESH COLOR	SHAPE	MATURITY	YIELD	STORAGE	BEST USES
<b>YELLOW-SKINNED</b>								
Belmonda	8	dark yellow	dark yellow	round oval	early	medium-high	good	boiling, salads
Bintje	18	yellow	yellow	oblong	late	high	excellent	mashing, soups
Carola	13	yellow	yellow	oblong	mid	medium	good	all purpose
German Butterball	18	netted yellow	yellow	round-oblong	late	high	excellent	baking, fries
Golden Globe	8	yellow	light yellow	round	early	high	good	boiling, mashing
Natascha	9	yellow	yellow	oval-long	early	high	good	salads, steaming
Nicola	14	yellow	yellow	oval	mid	high	good	all purpose
Santina	9	yellow	yellow	oval-round	early-mid	high	good	all purpose
Sonora	15	dark yellow	dark yellow	oval oblong	mid-early	high	good	salads, soups
Vivaldi	15	yellow	light yellow	round-oblong	mid	high	good	boiling, steaming
Yellow Finn	15	yellow	yellow	flat-round	mid	high	excellent	baking, mashing
Yukon Gem	15	bright gold w/pink eyes	yellow	round oblong	mid	high	excellent	boiling, mashing
Yukon Gold	10	buff w/pink eyes	yellow	oval	early	low-medium	excellent	all purpose
<b>BUFF-SKINNED</b>								
Elba	18	buff	white	round	late	high	good	boiling
Eva	13	white	white	round-oval	mid-early	high	good	boiling, mashing, roasting
Karadain	18	buff	white	flat-round	late	high	excellent	all purpose
Kennebec	13	buff	white	oblong	mid	high	excellent	all purpose
Keuka Gold	14	buff	yellow	round	mid	high	good	all purpose
Lehigh	19	buff	yellow	round-oblong	late	high	excellent	baking, fries
Superior	9	buff	white	round-oval	early	high	good	all purpose
Upstate Abundance	10	buff	white	round	early	high	good	roasting, steaming
<b>RUSSET</b>								
Carola Russet <i>NEW!</i>	18	heavy russet	white	oblong-long	late	high	excellent	baking, fries
Caribou Russet	13	light russet	white	long	mid	high	excellent	baking, fries, mashing
Goldrush	13	smooth russet	white	oblong-long	mid	high	excellent	baking, fries
Rocky Mountain Russet	19	russet	white	oblong-long	late	high	excellent	baking, fries

## Late-Season Potatoes (90-110 DAYS)

**BINTJE** A classic Dutch variety released in 1910, Bintje (pronounced “benjee”) has oblong tubers with smooth yellow skin and creamy golden flesh. Yummy for corn chowder made with locally-grown bacon and your own corn. Produces a large tuber set, so space the plants at 16”-18”. Good choice for grow bags or towers. Resistant to viruses, but can be susceptible to scab and late blight. Compact medium plant with small white flowers. 🍷

**322BJ BINTJE Sustainable** 2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00



**NEW! CANELA RUSSET** A late-maturing russet with high yields and smooth attractive appearance. Long, oblong-flattened tubers have heavy russet skin and bright white flesh. Tubers set in the middle of the hill and average 9-10 tubers per plant. Excellent flavor for fries and baking. Resistant to viruses and has a long dormancy.

**323NA CANELA RUSSET Conventional**

2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**DÉSIRÉE** An heirloom released by the Netherlands in 1962, Désirée is excellent for salads, boiling, or mashing. Good drought tolerance, moderate resistance to scab, and good storage. Long, oval tubers with beautiful rosy skin and creamy yellow flesh bulk early with good size. Very versatile. Upright plant with lots of red-violet flowers. 🍷

**324DS DÉsirÉE Sustainable** 2.5# \$7.80,

5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

**ELBA** Developed at Cornell University, Elba is an excellent boiling potato; the large round tubers have buff, flaky skin and white flesh. Hot potato salad with peas and dill? Delicious! A top choice for the organic grower, with an impressive list of resistances including scab, early blight, and late blight. Good storage. Light purple flowers on large vigorous plants.

**734EL ELBA Organic** 2.5# \$11.75, 5# \$18.50, 10# \$32.00, 20# \$55.00, 50# \$90.00

**GERMAN BUTTERBALL** This is my favorite potato, a round to oblong tuber with lightly-netted golden skin that wraps around deep yellow flesh. Slightly mealy, this beauty is superb for everything — frying, baking, mashing, soups — you name it. Excellent storage — the one I keep for last! Resistant to scab and viruses; some field resistance to late blight, but susceptible to rhizoctonia (black scurf). Large upright vigorous plant with white blossoms. 🍷

**740GB GERMAN BUTTERBALL Organic**

2.5# \$11.75, 5# \$18.50, 10# \$32.00, 20# \$50.00, 50# \$87.00

**325GB GERMAN BUTTERBALL Conventional**

20# \$30.00, 50# \$65.00



**KATAHDIN** Still very popular here in the Northeast, this old standard has been around since 1932. Flat to round tubers with smooth buff skin and white flesh. High-yielding and drought-resistant; adaptable to many growing conditions. One of the best for any of your winter soups. Excellent storage. Numerous light purple flowers on large spreading plants. 🍷

**330KT KATAHDIN Conventional** 2.5# \$7.10,

5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

Won't go anywhere else to get my seed potatoes!  
- KT, Kendall, NY

**LEHIGH** Named for Pennsylvania's Lehigh Valley, where, in extensive trials, potato growers found that Lehigh offered consistently high yields across very diverse growing regions. These round to oblong, slightly flattened tubers with appealing yellow flesh provide good flavor for soups, mashing, or fries. Resistant to blackspot bruise; tolerant to scab. Semi-erect plant with white flowers.

**744LH LEHIGH Organic** 2.5# \$11.75, 5# \$14.00, 10# \$27.00, 20# \$40.00, 50# \$71.00

**332LH LEHIGH Conventional** 50# \$35.00

**RED MARIA** I've grown this variety in my trials several times and have been impressed with the yield and uniformity of these large, round tubers. Bright red skin is lightly textured and holds color well in storage. Few pick-outs and internal defects. Resistant to golden nematode and common scab; showed some resistance to leafhoppers and tarnished plant bugs. Red-purple flowers on a dark green, upright plant.

**765RM RED MARIA Organic** 2.5# \$11.75, 5# \$14.00, 10# \$27.00, 20# \$47.00, 50# \$86.00

**339MA RED MARIA Conventional** 50# \$49.00

**RED PONTIAC** I've always liked this potato for mashing, due to its especially good flavor and texture. Dark red, smooth skin on oblong to round tubers with white flesh. Though Red Pontiac is susceptible to second growth and hollow heart, the yield and storage qualities still make it a good choice. With its large set and early bulking, some growers may find this variety useful for new potatoes. These spuds get huge; plant a little closer (8"-10") to control size. Large spreading plant has light purple flowers with white tips. 🍷

**340RP RED PONTIAC Conventional** 2.5# \$7.10, 5# \$9.75, 10# \$16.50, 20# \$21.00, 50# \$35.00

**ROCKY MOUNTAIN RUSSET** An attractive late-maturing russet from Colorado State University with a high yield potential and high percentage of #1 grade tubers — those large russets ideal for baking and French Fries. This spud boasts a long list of strengths, including resistance to verticillium wilt, foliar early blight, hollow heart, second growth, growth cracks, blackspot and shatter bruise, and tuber soft rot. Utilizes nitrogen very efficiently.

**341MR ROCKY MOUNTAIN RUSSET Sustainable**

2.5# \$7.80, 5# \$11.25, 10# \$18.50, 20# \$30.00, 50# \$55.00

### Sustainably Grown~ Simplified

We use four designations to describe how the seed we offer is grown. Here are simplified definitions for each term. For more detail, please see “Coming to Terms” in the Resources section of our website.

**Organic** — Products that have been produced on a farm that complies with USDA/NOP regulations and passes an inspection by an approved accredited certifying agency. No synthetic inputs are allowed.

**Sustainable** — Farmers with whom we purchase seed from generally use organic growing practices but do not certify their operation.

**Conventional** — Synthetic inputs (fertilizers, insecticides, fungicides, and herbicides) are used to produce the highest yields and maximize profits.

**Certified Naturally Grown** — CNG participation requires a full commitment to robust organic practices. The standards for produce and livestock certification are based on the standards of the National Organic Program. Certified Naturally Grown provides an affordable, accessible means of certification for farmers using ecological production methods.

**Our Safe Seed Pledge** — The Maine Potato Lady is a certified organic handler (#0706) through MOFGA Certification Services, LLC. All our seed is untreated. We do not knowingly use or sell any genetically modified plants or organisms (GMOs). Certificate is available on our website.

# Alliums

All onions, shallots, and garlic belong to the Allium family. Each type produces bulbs (single or divided into cloves) or sets. Alliums are shipped in the spring or fall depending on planting times for each type. (Please note: We are unable to ship any Alliums to Idaho.)

## SPRING-SHIPPED ALLIUMS

### SHALLOTS

**RED SUN DUTCH SHALLOTS** A new, improved shallot with rich, red-brown skin and crisp pink-tinged flesh. Mild flavored bulbs are great for fresh use in salads or sautéed veggies. Stores well after harvest. Easy to grow. Approx. 15-20 sets per pound.

**124RS RED SUN – SPRING SHIP – Conventional**  
 1/2# \$8.00, 1# \$12.00, 3# \$22.00, 10# \$70.00,  
 25# \$128.00

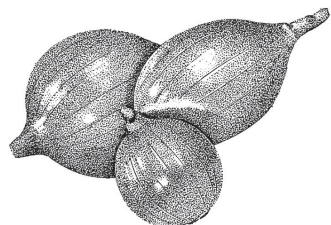
**RED DUTCH SHALLOTS** Very similar to Biztro Shallot. Clusters of 3-6 sets have coppery-red bulb wrappers. The sweet savory flavor of the light purple-pink flesh is more refined than shallots from seed. Easy to grow. Feed, weed, and mulch for best results. Approx. 15-20 sets per pound.

**401RS RED DUTCH – SPRING SHIP – Organic**  
 1# \$19.00, 3# \$60.00, 10# \$170.00, 25# \$400.00

### GOLDEN GOURMET DUTCH SHALLOTS

High-quality golden-skinned, round bulbs produce heavily and mature early. Bulbs have a sweet delicate flavor and aroma. Stores well. Approx. 15-20 sets per pound.

**128GT GOLDEN GOURMET – SPRING SHIP – Conventional**  
 1/2# \$8.00, 1# \$12.00, 3# \$22.00,  
 10# \$70.00, 25# \$128.00



### ONION SETS

**RED BARON ONION SETS** (95 days) A really nice red onion with flavor not too pungent. Great fresh in salads and sandwiches. Red Baron is a nice addition to your onion bin; I've experienced good storage, easily into May. Keep them fed and weeded; they don't like competition. Approx. 200 sets per pound.

**115RB RED BARON – SPRING SHIP – Conventional**  
 1/2# \$5.25, 1# \$8.00, 3# \$18.75,  
 10# \$58.00, 25# \$110.00

**SNOWBALL ONION SETS** (90 days) Large, round white bulbs with thin skin and a mild sweet flavor. Great in Mexican dishes or sliced on sandwiches and burgers. Good storage. Plant in spring, as soon as the ground can be worked. Weed and feed for best results. Approx. 200 sets per pound.

**118SW SNOWBALL – SPRING SHIP – Conventional**  
 1/2# \$5.30, 1# \$8.10, 3# \$18.80,  
 10# \$60.00, 25# \$113.00

**STUTTARTER ONION SETS** (90 days) The old standby for yellow storage onions from sets. 2"-3" diameter bulbs are flat-bottomed and have a nice strong flavor. Excellent storage into June. For the best yields, plant as soon as the ground can be worked. Onions are picky; feed well and keep them weeded. Approx. 200 sets per pound.

**110ST STUTTARTER – SPRING SHIP – Conventional**  
 1/2# \$5.00, 1# \$7.65, 3# \$18.00,  
 10# \$48.00, 25# \$94.00

## FALL-SHIPPED ALLIUMS

**EGYPTIAN WALKING ONIONS** A hardy perennial onion that may be enjoyed in several different ways. Plant the bulbs, bulblets or stems in the fall. Harvest the green sprouts any time during the season. Use the bulblets, the small onions that form in a cluster at the top of the stalk, at any time. And the bulbs themselves can be dug and eaten any time from midsummer through fall. Because this is a perennial plant, the bulbs should be planted in the fall or left in the ground, as storage is poor. Or you may leave them on the stalk; they will fall over and "walk" to a new place to set down roots! Very prolific, hardy, and fun!

**824EO EGYPTIAN WALKING ONION – FALL SHIP – Sustainable** 25 sets \$25.00

**FRENCH GREY SHALLOTS** Many consider this to be the only "true" shallot. Small teardrop shaped (1" x 1 1/2") bulbs are prized by gourmet chefs. Hard grey skin holds tender purple-white flesh with a rich, pungent smell and mild, distinctive flavor. Plant only in the fall and harvest the following summer. Use within 3-4 months of harvest. Very prolific, approximately 15-20 sets per pound.

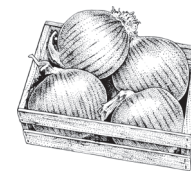
**828GS FRENCH GREY – FALL SHIP – Organic**  
 1/2# \$18.00, 1# \$30.00, 3# \$79.00, 10# \$225.00,  
 25# 430.00

**POTATO ONIONS** Similar to shallots, as they divide into clusters. Why are they called "potato onions?" I've wondered that myself. When harvesting, though, I noticed that the bulbs were clustered underneath each other like a hill of potatoes. Another allium with great storage qualities well into June or July. Flavor is strong and smooth; not as pungent as Stuttgarter. Clusters of 10-12 bulbs have a large size range from 1/2" to 3". Approx. 15-20 sets per pound.

**837PO POTATO ONIONS – FALL SHIP – Organic**  
 1/2# \$13.00, 1# \$22.00, 3# \$63.00,  
 10# \$165.00, 25# 335.00



### How Much Allium Seed Do I Need?



**1# Onion Sets** (approx. 200 sets per pound) will plant 100 ft of row

**1# Shallots or Potato Onions** (15-20 sets per pound) will plant 7-10 ft of row

**1# Garlic** (30-90 cloves per pound) will plant 15-50 ft of row depending on the variety

# Alison's Alliums™

ONION & SHALLOTS	PG	SKIN COLOR	FLESH COLOR	STORAGE	FLAVOR	COMMENTS
<b>Single Bulb</b>						
Red Baron 🍷	20	red	purple/ white	good	medium strong	good raw
Snowball	20	white	white	good	mild	versatile
Stuttgarter 🍷	20	yellow	white	excellent	strong	dependable
<b>Multiplier Onion</b>						
Egyptian Walking Onion 🍷	21	yellow	white	poor	medium sweet	perennial, prolific
French Grey Shallot 🍷	21	grey	purple-white	poor	distinctive	prized by chefs
Golden Gourmet Dutch Shallot	20	golden	white	excellent	sweet	prolific
Potato Onions 🍷	21	yellow	white	excellent	strong	heirloom
Red Dutch Shallot	20	coppery-red	light purple-pink	excellent	sweet savory	easy to grow
Red Sun Dutch Shallot	20	red-brown	pink-tinged	excellent	mild	easy to grow

GARLIC	PG	BULB COLOR	CLOVE COLOR	STORAGE	FLAVOR	COMMENTS
<b>Artichoke-softneck</b>						
Polish Red	23	white	tan	very good	very mild	ideal for braiding
<b>Porcelain-hardneck</b>						
Georgian Crystal	23	white	brown-tinged red	very good	hot	winter hardy
Georgian Fire 🍷	23	white	maroon-streaked tan	very good	fiery	swirly scapes
German Extra-Hardy	23	white	dark red	very good	robust	winter hardy
MUSIC	23	white/pinkish	pinkish-red tinge	very good	sweet pungent	easy to grow
<b>Purple-stripe hardneck</b>						
Chesnok Red	23	white w/purple stripes	red-pink	good	sweet heat	ideal roasted
Metechi	23	blush w/purple stripes	blush w/purple streaks	very good	fiery, robust	powerful flavor
<b>Rocamboles-hardneck</b>						
German Red 🍷	23	white/pinkish-red	pinkish-red tinge	very good	medium fire	loves winter
Russian Red 🍷	23	copper-purple/white	brown	good	strong-sweet	large bulbs

## Types of Garlic

**Artichoke** – Softneck. Suitable for braiding; does not send up a seed stalk or scape. 12-25 cloves per bulb, early maturing, long storage.

**Porcelain** – Hardneck. Sends up a seed stalk or scape. Large plant, large bulbs. 4-6 large cloves per bulbs. Intense flavor. Keeps well.

**Purple stripe** – Hardneck. Sends up a seed stalk or scape. Large plant with slender upright foliage. 8-16 cloves per bulb. Bulbs are streaked with purple. Rich flavor becomes especially sweet when baked or roasted.

**Rocamboles** – Hardneck. Sends up a seed stalk or scape. Medium plant with wide leaves. Matures later than most types. 8-10 cloves per bulb are tan or red colored. Strong full flavor; very easy to peel. Unusual scapes curl over twice in a double loop before straightening out.

## Garlic Seed for Fall Planting

All our garlic varieties have tested negative for garlic bloat nematode, white mold, and botrytis. Garlic seed will ship in October 2024 beginning with orders placed in December 2023. We ship 2" minimum bulbs while supplies last, after which we will ship 1 3/4" minimum bulbs. Planting instructions will be sent with your order; you may also download instructions from our website. (Please note: We cannot ship garlic to Idaho.)

**CHESNOK RED** A stunningly beautiful purple-striped hardneck variety that pleases the eye and the palate. Produces very large bulbs with 9-12 easy-to-peel cloves. An exceptionally great-tasting garlic when baked or roasted. Good storage. Approx. 40-50 cloves per lb.

**840CH CHESNOK RED Certified Naturally Grown** 1/2# \$16.25, 1# \$30.00, 5# \$105.00, 20# \$390.00

**GERMAN EXTRA-HARDY** Also called German Stiffneck, German White, or Northern White. Very winter-hardy porcelain variety having a large root system to help withstand the freezing and thawing cycle that can heave the bulbs out of the ground. Very white wrappers over 3-5 dark red cloves. Large well-formed heads have a strong and robust flavor. Stores well. Approx. 20-30 cloves per lb.

**862XH GERMAN EXTRA-HARDY Conventional** 1/2# \$14.00, 1# \$25.00, 5# \$90.00, 20# \$350.00

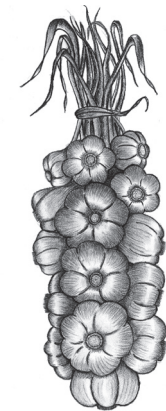
**GERMAN RED** The standard rocambole that we all love. This was one of the first hardnecked varieties to become widely popular. White wrappers with a slight pinkish-red tinge over flattened bulbs. Its eight to fifteen brown-skinned cloves peel easily. You'll love the spicy, rich garlic flavor with a little fire. Loves the cold, northern winters and stores into the spring. Approx. 60-80 cloves per lb. 🍷

**845RD GERMAN RED Certified Naturally Grown** 1/2# \$16.25, 1# \$30.00, 5# \$105.00, 20# \$390.00

**866RE GERMAN RED Conventional** 1/2# \$14.00, 1# \$25.00, 5# \$90.00, 20# \$350.00

**MUSIC** Beautiful porcelain hardneck type having 4-7 huge, uniform cloves with a sweet, pungent flavor. Bulbs have a hint of pink and can easily grow to 2"-3". Tall majestic plant. Stores up to nine months. Approx. 35 cloves per lb.

**816MU MUSIC Organic** 1/2# \$16.25, 1# \$30.00, 5# \$105.00, 20# \$390.00



**AVAILABILITY OF SEED GARLIC** — As our catalog is published before garlic is harvested, cured, and graded, we cannot know the quantities that will come to market, and therefore we cannot guarantee the availability of any one variety. We include varieties in the catalog that we are fairly certain will be available in sufficient quantity to fill orders. Supplies of the other varieties listed below are limited; we hope to offer these once harvest and grading are done. Please check our website after August 1, 2024, for availability and ordering information.

Georgian Crystal - porcelain type

Georgian Fire — porcelain type

Metechi — marbled purple-striped type

Polish Red — artichoke type

Russian Red — rocambole type

# Blossoms and Blooms

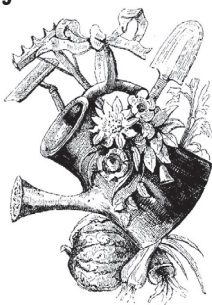
*I do believe that flowers are "food for the soul." Where would our gardens be without them? In my own gardens, I especially enjoy the daffodils that have bloomed there for 30 years, every year increasing their beauty and fragrance. It's been a delight to add to those blooms with the flowers I offer here, all certified organic and grown right here in Central Maine. Order now and we will ship in October 2024. Planting and growing instructions are included with each order.*

**COLCHICUM "GIANT" CROCUS** When I went to pick up seed garlic from a nearby supplier, I was greeted by a stunning display of pink blooms as I entered his driveway. Colchicum blooms in mid-September are so refreshing as the fall colors descend. Robust, dark green foliage emerges in the spring and vanishes by mid-summer. Plant immediately upon receipt in early fall; the bulbs are ready to bloom and should send up flower stalks within a few weeks. Prefers full sun and well-drained soil. Deer resistant. Caution: ALL parts of this plant are poisonous. Bulbs may be irritating to handle; use gloves. Colchicum bulbs will ship separately in early September. 🌿

**1305CC COLCHICUM GIANT Organic**  
5 bulbs (2#) \$35.00, 10 bulbs (4#) \$66.00,  
25 bulbs (10#) \$130.00

**DOUBLE NARCISSUS "VAN SION"** An heirloom variety dating from the 1600s, sold and passed down for generations. Very hardy, often naturalizing and multiplying where others do not survive. The yellow blooms are highly variable, often shaggy and tinged with green, especially after the first year. Pleasantly fragrant. Deer resistant. 🌿

**1307VS VAN SION Organic**  
5 bulbs (1#) \$11.00  
10 bulbs (2#) \$19.00  
25 bulbs (4#) \$45.00



## PEONIES

*Pick a spot that is fertile and well-drained that receives at least 6 hours of sun each day, where these peonies can grow undisturbed, and they will last just about forever! Large, fragrant 6"-plus blooms make spectacular cut flowers. Plant any time before the ground freezes. 3-5 eyes per root.*

**NEW! BARTZELLA** Yellow with red flares, semi-double blooms. Fragrant. Late season, long blooming. Medium plant with strong stems. Itoh hybrid. 3-5 eyes. Deer-resistant.

**1312BZ BARTZELLA Organic** 1 root (1#) \$20.00,  
3 roots (3#) \$50.00, 6 roots (6#) \$75.00

**BOWL OF CREAM** Fragrant, creamy white, fully-double blooms that can measure 8" or more! Golden stamens illuminate the center. Mid-season. Deer-resistant.

**1302BC BOWL OF CREAM Organic**  
1 root (1#) \$20.00, 3 roots (3#) \$50.00,  
6 roots (6#) \$75.00

**NEW! CORAL CHARM** Semi-double, deeply pigmented orange-coral buds open to produce pleasing coral-peach flowers. This fragrant fast-growing peony has many thick, strong stems. Early mid-season blooming. This outstanding flower earned the American Peony Society's Best in Show Grand Champion (2003 & 2006) and the APS Gold Medal in 1986. 3-5 eyes. Deer-resistant.

**1315CH CORAL CHARM Organic**  
1 root (1#) \$20.00, 3 roots (3#) \$50.00,  
6 roots (6#) \$75.00

## NEW! DR. ALEXANDER FLEMING

Big double blooms in hot pink adorn this variety. Long lived and strikingly beautiful. Sweet fragrance. Early- to mid-season. Good cut flower. Grows to 30" tall. 3-5 eyes. Deer-resistant.

**1310AF DR ALEXANDER FLEMING Organic**  
1 root (1#) \$20.00, 3 roots (3#) \$50.00,  
6 roots (6#) \$75.00

**HENRY BOCKSTOCE** A beautiful early-mid-season peony with large double cardinal red blooms. Long thick stems may need support. Easy to grow, and great as a cut flower. Deer-resistant.

**1316HB HENRY BOCKSTOCE Organic**  
1 root (1#) \$20.00, 3 roots (3#) \$50.00,  
6 roots (6#) \$75.00

**NEW! HENRY SASS** (Sass H.P./Interstate, 1949) A dependable free bloomer year after year, Henry Sass displays large, pure white double flowers and a high built, perfect form. This tall, healthy grower with strong stems makes an excellent cut flower, always in demand as a wedding flower and landscape plant. 3-5 eyes. Deer-resistant.

**1320FM HENRY SASS Organic**  
1 root (1#) \$20.00, 3 roots (3#) \$50.00,  
6 roots (6#) \$75.00



# Heritage Grains

*Heritage grains are ancient varieties that have been grown for centuries, preserved, and passed down within communities, where they are often staples of local diets. The varieties we offer are certified organic and grown here in Central Maine.*

## WHEAT

*These heritage wheats are proving to be more digestible for many people who cannot eat modern grains. Approximately 600 seeds per 1oz. Sow at 2oz. per 100 sq. ft., 3-4# per 1000 sq. ft., or 100-125# per acre.*

**SIRVINTA WINTER WHEAT** A rare Estonian variety now making a resurgence here in Maine. Excellent flavor perfect for an all-purpose flour. Very winter-hardy and well-adapted to the Northeast climate. Plant in the fall. 🌿

**1051SV SIRVINTA WINTER WHEAT Organic**  
4oz \$3.75, 1# \$7.00, 5# \$25.00, 25# \$60.00



**IMPROVED RED FIFE WHEAT** Originating in Russia, this heritage grain became North America's preferred wheat variety in the 19th century. Its broad genetic diversity makes it widely adaptable to many growing conditions. Can be grown as a winter or spring wheat, though in far northern states, it's best only as a spring wheat. Makes a superb bread flour. 🌿

**1052RF IMPROVED RED FIFE WHEAT Organic**  
4oz \$4.25, 1# \$8.00, 5# \$27.00, 25# \$68.00

**ROUGE DE BORDEAUX WHEAT** Hard red winter wheat that dates back several hundred years to the Bordeaux region of France. This awnless grain (that is, without the long hair-like structures present on many grains) does well on clay soils. High protein. Often mentioned in breadmaking discussions. Makes rich brown bread with mellow flavor and tantalizing aroma. Plant in the fall. 🌿

**1053RB ROUGE DE BORDEAUX WHEAT Organic**  
4oz \$4.25, 1# \$8.00, 5# \$27.00, 25# \$68.00

## HULLESS GRAINS

**HULLESS BARLEY** Due to crop failure in 2023, hullless barley seed will not be available for 2024. We hope to offer it again next year.

**HULLESS OATS** Though these oats are not a heritage grain, the recently-developed hull-less quality encouraged us to offer them as another good grain choice for the home gardener or small grower. Most oats have husks that need to be removed before eating; this hull sheds easily when threshed. Oats grow well in the northeast. For the highest of yields, plant in the spring as soon as you can work the soil. These oats have a medium straw and are resistant to crown rust. Sow at 3# per 1000 sq. ft. or 100# per acre.

**1055GH HULLESS OATS Organic** 1# \$8.00, 2# \$12.00, 10# \$47.00, 25# \$68.00, 48# \$90.00



## FLINT CORN

Flint corn has colorful kernels with hard outer shells; it is used primarily to make cornmeal, which was a staple of all farm diets in the 1800s. Approximately 100 seeds per oz. Sow at 2oz. per 50 feet of row, 1# per 400 feet of row, or 10-15# per acre.

**BYRON** (110-120 days) Developed by the Abenaki, this heritage corn was salvaged by Will Bonsall from an old shoebox in the little western Maine town of Byron. Expect a single stalk with 2-3 long ears, with cobs like knitting needles. Yellow-orange kernels, eight rows to twelve at top. Good husk coverage, resistant to lodging (bending or breaking of the stalk).

**1061BY BYRON FLINT CORN Organic** 2oz \$5.00, ½# \$14.00, 1# \$24.00, 5# \$92.00, 25# \$168.00



**EARLY RISER** (85 days) Though not an ancient grain, Early Riser is an open pollinated variety developed for both human and animal use. Well-adapted to mature in our northern climate. Genetic diversity abounds with deep orange-yellow ears and hard, flinty kernels to light yellow ears with soft grain dented kernels. High in protein, with a wonderful flavor, making a superb polenta and cornbread.

**1062ER EARLY RISER FLINT CORN Organic** 2oz \$5.00, ½# \$14.00, 1# \$24.00, 5# \$92.00, 25# \$168.00

**FLORIANA FLINT CORN** (100 days) Originally from North America, this corn was taken to the mountain region of northern Italy, where it was grown and adapted by the people of the Valsugana Valley. With a rich, warm complex flavor and texture, Floriana is a staple polenta corn, and is also great for cornmeal.

At the time this catalog went to press, the Floriana was still drying. Please check our website after January 1, 2024 for availability.

## Soils Are Alive!

Our soils are alive! Feed our soils; feed ourselves! We offer an earth-friendly selection of cover crops, fertilizers, and microorganisms to help you develop a rich, healthy soil in which to grow nutritious crops.

### COVER CROPS & GREEN MANURES

Green manure or "plow down" crops can add substantial amounts of enriching biomass or organic matter to the soil as well as improve carbon sequestration by enhancing soil structure. Cover crops protect against erosion, holding together all that precious topsoil that we have worked hard to build up.

**BUCKWHEAT** With its wide, heart-shaped leaves and rapid growth, buckwheat is the best green manure crop for weed suppression. Widely used for building worn-out soils as it accumulates phosphorous, potassium, calcium, and nitrogen, making all these nutrients available to the next crop. Its fibrous root system improves soil aeration and friability, encouraging earthworm activity. Plant after danger of frost in spring, or plant 40-60 days before the first fall frost; leave it to winterkill, then plant directly into it in the spring. Seed at 45-90#/acre or 2#/1000 sq. ft.

**902BK BUCKWHEAT Organic** 2# \$7.50, 5# \$16.00, 25# \$60.00, 50# \$100.00

**DEEP TILL RADISH** Also known as forage or daikon radish, deep-till radish has a great ability to break up hardpan and improve water infiltration with its large roots. With rapid fall growth, the radish plant is excellent at scavenging nitrogen and releasing it quickly in the spring upon decomposition. Quick emergence and fast ground cover helps smother weeds. Will winterkill below 25°F. Seed at 15-20#/acre or ½#/1000 sq. ft.

**905DR DEEP TILL RADISH Organic** ½# \$8.00, 2# \$18.00, 10# \$83.00, 25# \$175.00



**MUSTARD** When incorporated into the soil, mustards release chemical agents called glucosinolates which suppress soil-borne pathogens and pests (fungi, nematodes, and some weeds). Mustard recycles nutrients very efficiently due to its rapid growth, two- to six-foot taproot, and high biomass production. We offer two varieties grown in the Northwest: White Gold (actively suppresses weeds) and Pacific Gold (active against insects, nematodes, and fungal pathogens), as well as a mix of several varieties grown here in Central Maine and certified organic. Plant in September for late October incorporation, or in the spring as soon as you can work the soil. Mow or chop before incorporation to rupture cell walls and better release the glucosinolates. Will winterkill below 25°F. Seed at 15-20#/acre or ½#/1000 sq. ft. Verified non-GMO. Organic seed grown in Maine.

**907WG MIGHTY MUSTARD® WHITE GOLD Sustainable – NON-GMO** ½# \$6.80, 2# \$14.60, 10# \$70.00, 25# \$132.00

**908PG MIGHTY MUSTARD® PACIFIC GOLD Sustainable – NON-GMO** ½# \$6.80, 2# \$14.60, 10# \$70.00, 25# \$132.00

**910XD MIXED MUSTARD Organic– NON-GMO** ½# \$6.00, 2# \$12.00, 10# \$50.00, 25# \$120.00

**OATS** Very fast-growing, oats smother weeds almost as effectively as buckwheat, especially when planted with bell beans or field peas. Oats provide large amounts of organic matter and are excellent as a nurse crop for legumes and grasses, providing weed control and winter protection. Because they winterkill, they are great for gardeners; the plant residue may be worked into the soil easily, or other crops can be planted directly into it. Sow oats any time, from spring (as soon as the soil can be worked) right up until the end of September. Plant at a rate of 100#/acre or 3#/1000 sq. ft.

**9150T OATS Organic** 2# \$6.00, 5# \$8.00, 25# \$36.00, 48# \$67.00

**WINTER RYE** An excellent catch crop as it has an extensive root system and is very efficient at taking up soluble nutrients left by previous crops. Winter rye provides a large amount of organic matter and has allelopathic effects on weeds. Very hardy and winters over consistently, germinating and growing at 40°F and surviving down to -33°F. Turn under in the spring when the winter rye is 8"-12" tall or 2 weeks before planting the next crop. Seed from mid-August to mid-October alone or with hairy vetch at 90-160#/acre or 4#/1000 sq. ft.

**926RY WINTER RYE Organic** 2# \$6.00, 5# \$9.00, 25# \$35.00, 56# \$69.00

**BELL BEANS** Also known as fava bean or horse bean, this is the small-seeded variety used for green manure crops. A cool season annual that originated in the Mediterranean, this plant has wonderfully lush, fleshy leaves on thick straight stalks, 2-5 feet tall. Tolerates a wide range of soils. Will fix 70-220#/acre of nitrogen and provides loads of organic matter. A densely planted crop provides good weed control. Bell beans do well intercropped with oats or barley, and provide the legume green manure crop to rotate with garden peas and beans, as they are not from the same family. Turn under when plants first flower, or cut first, allow to wilt, then till under. Hardy to 25°F. Seed at 125-200#/acre or 5#/1000 sq. ft.

**935BB BELL BEANS Conventional** 2# \$8.00, 5# \$15.00, 25# \$70.00

**FIELD PEAS** Plant this legume with oats for a real soil-building crop. The grains provide ample biomass, as well as stalks for the peas to climb, and the peas provide nitrogen. Field pea residues decompose rapidly, contributing up to 1.7 tons of dry matter and 100 pounds of nitrogen per acre. Field peas like cool moist growing conditions and are frost-tolerant once established. Seed at 70-160#/acre or 4#/1000 sq. ft.

**948FP FIELD PEAS Organic** 2# \$6.00, 5# \$11.00, 25# \$45.00, 50# \$87.00

**HAIRY VETCH** A hardy legume usually planted with winter rye to overwinter and plow in in the spring. Vigorous growth suppresses weeds, but large plants can be a problem to mow or plow. Turn under in the spring when the winter rye is 8"-12" tall or 2 weeks before planting the next crop. Vetch supplies 60-140#/acre of nitrogen and 4500#/acre of biomass, depending on its maturity when it is turned under. Its succulent vines decompose rapidly. Seed at 20-40#/acre or 1#/1000 sq. ft.

**951HV HAIRY VETCH Organic** 1# \$10.00, 2# \$14.75, 10# \$62.00, 50# \$220.00

**MEDIUM RED CLOVER** A versatile short-lived perennial clover; when used as a green manure, it can provide up to 100#/acre of nitrogen for the next crop. Plant in late summer with a nurse crop or frost seed in early spring (February or March). Tolerates shade and dry conditions when getting established; forms taproots that help prevent soil compaction. Does better in acidic soils than alfalfa. Red clover supports beneficial insects including lady beetles, green lacewing larvae, and hover flies. Makes nutritious hay or pasture. Seed at 10#/acre alone or 6#/acre mixed with oats. Frost seed at 15-20#/acre or 1/2#/1000 sq. ft. Pre-inoculated with OMRI approved inoculant.

**955MR MEDIUM RED CLOVER Organic** 1/2# \$9.00, 2# \$19.00, 10# \$90.00, 25# \$200.00



**RIVENDELL WHITE CLOVER** A small-leaved, very winter-hardy clover with great tolerance for grazing and foot traffic. Attractive to bees and other pollinators. Highly palatable to livestock and wildlife. A vigorous stand can fix 100-150#/acre of nitrogen per acre. Seed at 5-10#/acre, 1/4 #/1000 sq. ft. Pre-inoculated with OMRI-approved inoculant.

**957RW RIVENDELL WHITE CLOVER Organic** 1/2# \$11.50, 2# \$37.00, 10# \$125.00, 25# \$290.00

## SOIL-BUILDING MIXES

*Plant a mix of grains and legumes to form more soil organic matter, to fix nitrogen for the next crop, and to suppress weeds more effectively than either crop will do alone.*

**MAINE POTATO LADY™ BIODIVERSITY CROP MIX** We've put together a mix of diverse species that promotes life in the soil and increases crop productivity. Use as a cover crop in rotation or as a companion crop between rows of potatoes or corn. Includes field peas, oats, hairy vetch, buckwheat, red clover, alsike white clover, deep till radish, and mustard. All seeds are organic. Seed at 130#/acre or 3#/1000 sq. ft.

**967BY MPL BIODIVERSITY MIX Organic** 2# \$9.50, 5# \$28.00, 25# \$90.00, 45# \$150.00

**OATS AND FIELD PEAS** 45% Oats/55% Field Peas. Grows quickly and turns under easily. Will winter kill at 20°F. Turn under or plant directly into the plant residue. Makes great straw for mulch; cut at milk stage. See Oats and Field Pea descriptions on page 28 for more info. Seed at 130#/acre or 3#/1000 sq. ft.

**961OP OATS/FIELD PEA MIX Organic** 2# \$7.00, 5# \$12.00, 25# \$50.00, 45# \$85.00



**OATS AND BELL BEANS** 40% Oats/60% Bell Beans. Great mix to use in rotation with your garden peas. Good cool season growth. See Oats and Bell Bean descriptions on page 28 for more info. Seed at 150#/acre or 4#/1000 sq. ft.

**964OB OATS/BELL BEAN MIX Organic Oats and Conventional Bell Beans** 2# \$7.00, 5# \$11.80, 25# \$52.00, 45# \$83.00

**WINTER RYE AND HAIRY VETCH** 70% Winter Rye/30% Hairy Vetch. The standard winter cover crop. Winter rye grows at 40°F and the vetch will overwinter. Allow spring growth to 8"-12" tall. Till under two weeks before planting the primary crop. See Winter Rye and Hairy Vetch descriptions on page 28 for more info. Seed at 100#/acre or 2#/1000 sq. ft.

**965RV WINTER RYE/VETCH MIX Organic** 2# \$7.00, 5# \$15.00, 25# \$65.00, 45# \$97.00

**DEER AND WILDLIFE FOOD PLOT** We usually plant at least one food plot to attract deer and turkey so we can enjoy their beauty, and to distract them from other crops. Over the years we have observed what they like most to graze on — besides my garden! — and we've put together a mix that works well here in Maine with forage peas, oats, white and red clovers, mustard, deep till radish and sunflowers. Plant the mix 10 weeks before your first frost. Overseed winter rye (926RY WINTER RYE) into this planting five weeks after initial sowing. All seeds are organic. Seed at 200#/acre or 4#/1000 sq. ft.

**969WF DEER AND WILDLIFE FOOD PLOT Organic** 10# \$50.00, 25# \$90.00, 45# \$120.00

**FERTILIZERS & INOCULANTS**

Here is a selection of products we like, both for ease of use and for the benefits they bring.

**FISH BONE MEAL** (7.2-19.5-0.3-15ca N-P-K) Fish bone meal provides readily-available nitrogen as well as a good dose of phosphorus. Flows fairly well through a drop spreader or spinner spreader. Also great for side-dressing corn or squash. Apply at 5#/200 sq. ft. or 25#/1000 sq. ft. *MOFGA-approved.*

**970FM FISH BONE MEAL** 5# \$14.30, 45# \$95.00

**MAINE POTATO LADY™ POTATO AND GARLIC FERTILIZER** (6-5-2 N-P-K) We have blended an organic fertilizer that includes fish meal, neem cake, mustard seed meal, and crab meal. Also includes water-soluble humic acids to aid the soil microorganisms in converting the nitrogen into a useable form of protein. Apply at 2#/100-160 sq. ft. or 20#/1000 sq. ft. *MOFGA-approved.*

**972MPF MPL FERTILIZER** 5# \$19.00,  
10# \$32.00, 25# \$70.00, 45# \$115.00

**CRAB MEAL** (2.5-3.0-0.5-23ca N-P-K) Crab shell is an excellent source of NPK, calcium, and micro-nutrients. When applied to the soil it is an excellent source of chitin, promoting the growth of chitin-eating bacteria that will feed on the chitin contained in the cell walls of nematodes and fungi present in the soil. Crab shell also triggers a defense response in the plant to release enzymes that attack the chitin, thus creating a hostile environment for the fungi and nematodes. Also shown to reduce ant populations in the garden. Apply at 3#/100 sq. ft., 100-200#/acre. *NOP.*

**973CS CRAB MEAL** 5# \$15.00, 45# \$90.00

**MUSTARD SEED MEAL** (5-3-1 N-P-K) A non-toxic slow-release nitrogen source with added benefits! Reported to have inhibitory effects on soil-borne pathogens and fungi, and may have weed-suppressing abilities. A byproduct of crushed mustard seed where the oils have been used for biofuel. No pesticides and non-GMO. Apply at 2#/100 sq. ft. or 50#/1000 sq. ft. *OMRI-A.*

**975MM MUSTARD MEAL** 5# \$15.00, 45# \$92.00

**NEEM CAKE** (2-0.2-1 N-P-K) A slow-release nitrogen fertilizer that enriches the plants and soil and supports the earthworm population. Neem cake is a natural by-product of neem seed oil production. Recommended for field use only; use in potting mix may inhibit seed germination or stunt young plants. Use 1#/100 sq. ft. or 180-360#/acre. *OMRI-A.*

**979NC NEEM CAKE** 5# \$17.00, 45# \$98.00

**PRO NUTRIWAVE POULTRY FERTILIZER** (4-1-3 N-P-K) Dehydrated poultry litter — recycled, pasteurized, and pathogen-free. Safe to use on seedlings as well as in your garden. Dry, granulated form is easy to use. Spread and work into the soil or side-dress heavy feeding crops. Apply at 5#/100 sq. ft. or 50#/1000 sq. ft. *OMRI-A.*

**982NU NUTRIWAVE** 5# \$9.00, 45# \$30.00

**NEW! AZOMITE** A natural source of essential trace elements to add the mineral balance vital for productivity of soil flora and fauna. Derived from a natural volcanic mineral deposit. Pelleted for ease of handling. Apply 1-2#/100 sq. ft. *OMRI.*

**983AZ AZOMITE** 5# \$9.00

**NEW! BLOOD MEAL** (12-0-0) A water-soluble nitrogen source that is readily available. Best used as a side-dressing and worked in lightly. 1-2#/100 sq. ft. *NOP.*

**984BM BLOOD MEAL** 5# \$16.00

**NEW! BONE CHAR** (0-16-0) Kilned bone-meal that provides 16% available phosphorus. Consistency is fine like table salt; easily spread. Apply 5-10#/100 sq. ft. *OMRI.*

**985BC BONE CHAR** 5# \$11.00

**NEW! GYPSUM** A great source of calcium and sulphur that alliums love! Does not affect the soil pH. Helps condition the soil, allowing more friability. Apply 20#/100 sq. ft. *OMRI.*

**986GY GYPSUM** 5# \$8.00

**NEW! SULPHATE OF POTASH** (0-0-51) A natural potassium source that contains soluble potash. Apply sparingly at ½#/100 sq. ft. 5#/1000 sq. ft. *OMRI.*

**987SP SUPPHATE OF POTASH** 2# \$7.00

**LEGUME INOCULANT** Use to treat field peas, vetch, and bell beans. Rhizobia bacteria enables the legumes to fix nitrogen on their roots. Moisten the seed slightly, sprinkle on the inoculant, then plant immediately. Inoculants have a one-year shelf life. *Non-GMO. OMRI-A.*

**993IC-10 INOCULANT** treats 10# of seeds \$7.00

**993IC-100 INOCULANT** treats 100# of seeds \$15.00

**MYCO SEED TREAT (MST)** Use to help control rhizoctonia or "black scurf" and other soil diseases on your potatoes. MST combines plant-friendly fungi, including mycorrhizae and bacteria, in a dry nutrient package. For use on all crops, whether in a potting soil, directly with transplants, or in the planter box with the seed. Recommended rate is 1-2oz/100# seed potatoes; 4-8oz/100# of other seed. *OMRI-A.*

**994MY-2 MYCO SEED TREAT** 2oz \$12.00

**994MY-8 MYCO SEED TREAT** 8oz \$40.00

**994MY-1 MYCO SEED TREAT** 1# \$69.00

**BAGS & STAKES**

**POTATO BAGS** For storing or marketing those beautiful spuds you grew! 5#, 10#, and 20# bags are plain white 2-ply paper with a mesh window for ventilation. 50# is plain brown 3-ply paper, with holes for ventilation. Shipping weights shown below.

**995PB-5 5# POTATO BAGS** 10 for \$7.50 (1#),  
100 for \$47.50 (9#), 500 for \$215.00 (46#)

**996PB-10 10# POTATO BAGS** 10 for \$8.50 (2#),  
100 for \$51.50 (13.5#), 400 for \$191.00 (55#)

**997PB-20 20# POTATO BAGS** 10 for \$9.50 (2#),  
100 for \$86.50 (20#), 250 for \$196.00 (50#)

**998PB-50 50# POTATO BAGS** 5 for \$9.00 (4#),  
20 for \$31.00 (14#)

**BURLAP BAGS** These new, sturdy bags of untreated burlap have beautiful whip-stitched edges. Each bag holds 50#. Great for storing your spuds, or to use at your market display to help keep the produce cool and damp.

*Please check the website for availability.*

**ROOT POUCH™ GROW POT** Made from a blend of reclaimed water bottles and cotton fibers. Breathable and water efficient, encouraging a more fibrous root structure. Pots are washable and reusable. 15-gallon size is 17" W X 15" H with handles. Holds approx. 2 cubic ft of potting soil.

**974RP ROOT POUCH™ GROW POT**

1 for \$13.00 (1#), 3 for \$33.00 (3#)

**NATURAL WOOD MARKERS** Made in Maine from white birch. These garden stakes are great to keep track of the different varieties in your potato or garlic patch! 12" x 1-1/8"

**1405GS NATURAL WOOD MARKERS**

bundle of 10 \$8.25 (½#)

bundle of 25 \$14.00 (1#)

case of 250 \$79.00 (10#)

**METAL MARKERS** Great for your perennials or for your garlic varieties that don't change from year to year and are in the ground for a long time. Each 10" marker has a zinc writing surface 1" x 2 ½" and 2 metal legs. Use a marker or ballpoint pen that impresses what you write.

**1408MT METAL MARKERS**

bundle of 10 \$11.50 (1#)

bundle of 25 \$25.50 (3#)

bundle of 100 \$69.00 (12#)





# Ordering and Shipping

**Placing Your Order.** For best selection and availability, order early. Check our website for availability, especially for products that have limited quantities. When you place your order, indicate if you will accept substitutions; please review our substitution guidelines. Your order will be shipped according to our standard schedule unless you request March delivery or pick-up at our warehouse; see details below. If we need to get in touch with you about your order, we will do so via email. Put [mainepotatoladynoreply@gmail.com](mailto:mainepotatoladynoreply@gmail.com) and [customer-service@mainepotatolady.com](mailto:customer-service@mainepotatolady.com) in your email address book to ensure that you receive communications from us. Please respond promptly to any email you receive from us.

**Payment.** All orders must be prepaid. Payment may be made by check, money order, or Visa/MasterCard. There is a \$25.00 charge for returned checks and a 10% processing fee for cancelled orders. Prices are subject to change without notice.

**March Shipments.** We will begin shipping to our southern-most customers first, beginning February 26, 2024, weather permitting, according to the schedule below. We cannot ship to the west coast, the northern tier states, or New England before the end of March due to freezing temperatures. To request March shipment, order by January 26 and specify March shipment on your order form. Please see chart below for March ship weeks for the states listed. If your state is not listed in the chart, then your order will be placed in the main order queue that begins shipping on April 1, 2024. Orders for all other states will ship in the main queue.

Week of February 27	AL AR AZ FL GA HI KS KY LA MO MS NC NM NV OK SC TN TX VA
Week of March 6	DC DE MD WV
Week of March 13	IA IL IN NJ OH PA UT

**Pick-Up Option.** To pick up orders (by appointment only) at our facility in Newport, Maine, choose the pick-up option on the order form. To pick up during our scheduled spring dates of April 22–26 and April 29–May 3, 2024, place your order by March 8, 2024. For spring pick-up orders placed after March 8, we will notify you when your order is ready to arrange a pick-up time, generally in mid-May. Fall pick-up dates will be in October, 2024. We will email a reminder with date and time options; please respond within 7 days to make your appointment. Pick-up orders not picked up within the agreed-upon time frame will be forfeited unless other arrangements are made. 5.5% Maine sales tax is applied to all pick-up orders.

**Add-ons and changes.** We will do our best to accommodate changes to your orders. Add-ons and changes may be made by phone only, and payment must be made at that time. If you request changes to your order two weeks or more after having placed it, we will add a \$5 change fee to your order.

**Order Fulfillment.** We will process orders in the sequence in which they are received, beginning with orders received in December 2023, and we will ship according to the shipping schedule on page 34. We are unable to offer “rush” shipments, and we cannot hold orders or guarantee ship dates. Non-perishable items ordered with spring- or fall-shipped perishable items will ship with those items accordingly. Non-perishable items ordered separately from perishable items (whether for spring or fall shipment) generally ship within one week of receipt of your order. If you wish to receive non-perishable items separately from your spring- or fall-shipped perishable items, please place a separate order.

**Shipping.** We will choose USPS Priority Mail, UPS, or FEDEX depending on the weight of the order. Provide a street address for mail and/or UPS/FedEx shipments. We reserve the right to delay shipping when the weather is too cold to ship your products safely. We cannot ship any alliums to ID, we cannot ship sweet potatoes to LA, and we cannot ship seed potatoes to Alaska due to phytosanitary restrictions.

**Truck Shipments.** For orders over 275 pounds, truck shipments are available to addresses that can receive a tractor-trailer delivery. The customer must provide a daytime phone number, be present during delivery, and be able to unload, either by hand or with equipment. Contact us for details.

**Availability of Live Plant Material** (potato seed, alliums, slips, bulbs, and roots) is subject to crop, storage, and weather conditions beyond our control. The availability of any particular item cannot be guaranteed until we are ready to ship your order. When a variety is not available, we may substitute similar products, as detailed below. Please check our website for updates on products which may become available later in the season.

**Substitutions.** If an item you order is not available, we will notify you via email in as timely a manner as possible to inform you of substitution options. Please respond to our email within 14 days so that we can complete your order; if we do not hear from you, we will make substitutions as follows: For organic varieties, we will substitute the same variety, sustainably or conventionally grown, or another organic variety similar in season and color. For conventional or sustainable varieties, we will substitute a variety similar in season and color. If you do not wish to receive substitutions, indicate this on the order form at the time you place your order.

**Receiving Your Order of Live Plant Material.** Open the packages immediately upon receipt, inspect the contents, and store the products properly until ready to plant. If you are not going to

be available to receive your order at your primary address, please provide an alternate address where you can receive the order. Handling and growing instructions are included with each order and are also available on our website. Failure to inspect your order upon receipt, or failure to follow the handling and storage guidelines in the instructions may void our guarantee. See “Our Guarantee” on page 4.

**Sweet Potato Orders.** Sweet potato slips will be shipped directly from the grower via UPS or FedEx (no P.O. Boxes, no pick-ups at our warehouse). Scheduled ship dates are May 28 and 29, 2024; these dates may be adjusted as required by growing conditions or other factors. Shipping is included in the price. Inspect immediately upon receipt; requests for refund or replacement must be made within three days of receipt and must be accompanied by photos of the slips and labels as they were received. Refer to the handling and growing instructions enclosed with each order, or available on our website. When you order sweet potato slips, you accept these conditions.

**Pinto Gold Orders.** Though Pinto Gold is a fantastic potato variety, it is susceptible to soft rot due to harvest and handling injuries, which become apparent once they are out of storage and begin to warm up. Inspect immediately upon receipt; requests for refund or replacement must be made within three days of receipt and must be accompanied by photos of the product and labels as they were received. Refer to instructions enclosed with each order, or available on our website. When you order Pinto Gold, you accept these conditions.

**Refunds and Replacements.** If a product is unsound or defective when you receive it, please notify us within three days and provide photos of any defective products (with labels) in order to qualify for a refund or replacement. Items to be returned with prior approval are eligible for a refund or credit (excluding shipping costs). Replacement products may not be available.





P.O. Box 65 🍷 Guilford, ME 04443 🍷 207-717-5451  
 Address Service Requested



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